



Wellness News

Under Construction, Business as Usual

This summer and fall, Southeast Health Group is renovating and expanding its building at 711 Barnes Avenue in La Junta. “It has been a challenge with all of the rain we’ve had,” said JC Carrica, Chief Operating Officer, who is managing the project, “but we should have the new community Wellness Center open by the end of the year.”

Clients and visitors will notice that the main parking lot has been torn up and readied for

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replacement. “It will take about 60 days to tear out and replace the new driveways and parking--from the middle of August to the middle October,” said Carrica. In the meantime, signs will point the way to available parking spaces, and fenced walkways will guide people toward the entrance of

the main building. Construction fencing has been put in place to keep visitors away from the construction zone.

“We’ve undertaken this project to make more services available to our communities,” said Carrica. “We simply don’t have the office space to run all of our new programs in the current building.” In 2013, Southeast Health Group remodeled part of the existing facility to add primary care services. Since then, they have added Peer services, Jail-based Services, and Vocational training. “We got to the place where the next new employee was going to have to office in the janitor’s closet!” said Carrica.

This expansion will add 16 new offices and additional restrooms on the west side of the building, and a new community wellness center on the east side of the building, to include a fitness center, locker rooms with showers, manager’s office, a large



meeting and conference area, and hydrotherapy pools for rehabilitation. The project is being funded by Medicaid expansion revenues, as well as a \$500,000 capital campaign.

“This project is something we’re doing together as a community. I’m really proud of our staff and board for stepping up to support the project,” said Carrica. “There will be a little bit of inconvenience in the short-term, but the long-term benefit of having these new programs to help more members of our community is worth it.”

For questions or concerns about accessibility of the facility during construction, call Southeast Health Group at 1-800-511-5446.