



Otteman names CEO Successor at Southeast Health Group

Southeast Health Group CEO Becky Otteman has named Dr. Joseph (JC) Carrica, III, Ed.D, as her CEO successor of the integrated health care provider serving Baca, Bent, Crowley, Kiowa, Otero and Prowers counties in the southeast corner of the state. The transition will take place July 1 through December 31, 2017.

“I decided it was time to slow down,” said Otteman, “and share in my husband’s retirement and enjoy watching my grandchildren grow.” Otteman will be staying on full-time after the transition to help manage SHG contracts, memoranda of understanding, service agreements, policies and procedures, and other foundational documents. “I believe in this organization and its value to our communities. I have been working closely with the board of directors on this decision, and I anticipate a very smooth, uneventful transition over the next six months.”

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Otteman became CEO in 2011, after serving nine years as assistant executive director. Under her leadership, the staff of SHG more than doubled, with new programs in primary care, health navigation, health coaching, jail-based services, physical therapy, personal training,



Becky Otteman, MA

diabetes prevention and peer services. The organization also doubled its facilities, with building projects at 100 Kendall in Lamar and 711 Barnes in La Junta.

JC Carrica began his career as a Probation Officer for the 16th Judicial District Probation Department, and later became a substance abuse counselor and school guidance counselor. He founded Singlepoint Services, Inc., in La Junta, serving as administrator and counselor of the three-county outpatient treatment center that offered substance use disorder treatment, anger management, domestic violence offender treatment, drug testing, house arrest, SCRAM Bracelets, and ignition interlock systems.

Carrica joined the Southeast Mental Health Services board of directors in 2003, and joined the staff as executive director of the substance



Dr. Joseph (JC) Carrica, III, Ed.D

use disorder division, Partnership for Progress, in 2006. He was promoted to chief program officer in 2010, and became chief operating officer in 2011, where he oversees day-to-day operations, strategic planning, and all clinical services. In 2014, Carrica earned a doctorate of education in interdisciplinary leadership from Creighton University, with a dissertation on integrated healthcare in the rural and frontier region of eastern Colorado.

“I have complete confidence in JC to represent the interests of our communities at the state level,” said Otteman. “He has a strong vision for the future of the organization, and a robust entrepreneurial spirit. He has earned the respect of our staff and communities.”