



SOUTHEAST HEALTH GROUP

Mental Health Services

Substance Use Disorder Treatment

Primary Care

Physical Therapy

Peer Support

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Chief Executive Officer

Pain/Opioid Management Program

Colorado Health Foundation 2017-2019

Primary Care referral to specialty care and Orientation

Services Available:

AcuDetox

Massage

Dry Needling

Personal Training

Fitness Membership

Chiropractic

Health Coaching

Hydrotherapy



OpiSafe

- ▶ The product was created to address the growing epidemic of prescribed opioid abuse and misuse.
- ▶ Care providers can automatically check the state's PDMP, a tool used to identify potential instances of doctor shopping or opioid abuse.
- ▶ OpiSafe engages patients through smartphone and web-based platforms, generating patient feedback on an on-going basis.
- ▶ It provides clinically validated assessments of pain, function and risk, combined with medication diary questions.



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- ▶ OpiSafe gives providers and patients a comprehensive solution to help them prescribe and use opioids safely and treat pain more effectively while avoiding bad outcomes.
- ▶ Solutions are designed to address this critical gap, bringing behavioral economics, the psychology of online user interaction and global availability together to keep patients working their way towards healthy habits that ensure safe and effective medication therapy outcomes.

The screenshot displays the OpiSafe interface for a patient named John Doe. At the top, there are navigation links for Patients, Risk Manager, Settings, and Logout. Below this, an 'Actions' dropdown and a 'Close File' button are present. The patient's name 'Doe, John' is shown with a 'DEMO15' tag, along with his DOB (01/31/1980) and gender (Male). Key metrics include a risk level of 'N/A', PDMP check dates of '09/10/2015', and UA screening dates of '09/10/2015'. The 'Patient Dashboard' section is set to 'PMP/PDMP'. Under 'PRESCRIPTIONS', there are three categories: 'OPIATES' with Oxycodone 20 MG, 'OTHER PSYCH.' with Zoloft 100 MG QD, and 'STND. ORDERS' with Naloxone HCL 0.4 MG/ML PRN and Serenolot 0.4 MG/ML PRN. A 'BASELINE' section shows 'BPI' (Brief Pain Inventory) with a value of 5. The 'ACTIVITY' section features a line graph for 'Pain/Function' from March 15 to August 31, with a 'Milestone Risk' of 8 and 'Depression' of 15. The 'SAFETY' section reports 'No safety events reported.' The 'INTERACTION HISTORY' section is partially visible at the bottom.

<http://www.rxassurance.com>.

OpiSafe Program Analysis (02/2019)



- 91 patients referred/71 Enrolled
- OpiSafe Risk Index: 7.3 to 3.8
- Average Daily (Morphine Milligram Equivalent) MME:
 - Baseline of 40 down to 30
- Brief Pain Inventory: 2.25 on a 10 point scale

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- ▶ PHQ-9: Score of 9 indicating watchful waiting
- ▶ GAD 7: 6.75 indicating mild anxiety
- ▶ ACPA QOLS: 8 indicating ability to work and volunteer a few hours daily
- ▶ Insomnia Severity Index: 12 indicating a subthreshold (mild)



How can we work together on MAT?

- ▶ Think of us a “specialty provider;”
- ▶ It is not our intent, desire, or mission to encourage patients to transfer their basic primary/behavioral health care to us;
- ▶ Help the prospective patient complete the referral paperwork/set up intake appointment while they are still motivated. If they take it home to “do it later” there is a high probability they will not follow through. Your presence and influence matters;
- ▶ Delegate a single point of contact at your agency for care coordination;
- ▶ Contact our “MAT designee” with changes in medication or care plan;
- ▶ If Px is hospitalized, timely and efficient communication between designees is critical.



