



# FootGolf now offered in Rocky Ford

*By Southeast Health Group*

Southeast Health Group and Rocky Ford Golf Course have collaborated to construct a 9-hole “FootGolf” course at 91 Play Park Hill Drive in Rocky Ford. The course is open to the public during daylight hours, and the cost to play is very minimal.

“We are very excited to help bring this fun new sport to the valley. In fact, it is the only course south of Colorado Springs,” said JC Carrica, CEO of Southeast Health Group. “We hope to see lots of families and young people out enjoying Rocky Ford’s sunshine and fresh air, and getting a little bit of exercise.”

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FootGolf is a combination of soccer and golf, using a standard soccer ball. The goal is to kick the ball from the designated kicking tee areas into the 21 inch diameter cup using the fewest kicks possible. The player with the lowest score wins. The game is played in groups of two or three, and the only required equipment is a soccer ball and athletic shoes suitable for kicking. Official rules, local rules, scoring sheets and soccer balls are available at the clubhouse, where you check-in.

The American FootGolf League was established in 2011, following the emergence of this new and very popular sport. It is regulated by the Federation of International FootGolf. There are over 500 FootGolf courses in the United States, and at least one in every state.

This project builds on the success of the Disc Golf Course in La Junta, which has surpassed SHG’s



**Sydney McElroy is one of the first to play at the new 9-hole FootGolf course located at the Rocky Ford Golf Course.**

expectations since it opened in December 2017. Carrica has been a longtime member at the Rocky Ford Golf Course, and is an avid golfer and emerging FootGolfer.