

# Choices MAY 2019

Mon	Tue	Wed	Thu	Fri
		1 10:00 Money Management 11:00 Total Fitness 12:00 What's Cooking 1:30 Flip a Switch	2 – 10:00 Planning and Self Motivating 11:00 Social Skills & Self Esteem 12:00 What's Cooking 1:30 Sewing Skills	3
6 10:00 Organizational Skills 11:00 Communication Skills 12:00 What's Cooking 1:30 Mind Games & Skills 2:30 Gardening	7 10:00 Food for Thought 11:00 Problem Solving 12:00 What's Cooking 1:30 Crafts 2:30 Group	8 10:00 Money Management 11:00 Total Fitness 12:00 What's Cooking 1:30 Flip a Switch	9 – 10:00 Planning and Self Motivating 11:00 Social Skills & Self Esteem 12:00 What's Cooking 1:30 Sewing Skills	10
13 10:00 Organizational Skills 11:00 Communication Skills 12:00 What's Cooking 1:30 Hospitality Skills 2:30 Gardening	14 10:00 Food for Thought 11:00 Problem Solving 12:00 What's Cooking 1:30 Crafts 2:30 Group	15 10:00 Money Management 11:00 Total Fitness 12:00 What's Cooking 1:30 Flip a Switch	16 – 10:00 Planning and Self Motivating 11:00 Social Skills & Self Esteem 12:00 What's Cooking 1:30 Sewing Skills	17
20 10:00 Organizational Skills 11:00 Communication Skills 12:00 What's Cooking 1:30 Mind Games & Skills 2:30 Gardening	21 10:00 Food for Thought 11:00 Problem Solving 12:00 What's Cooking 1:30 Crafts 2:30 Group	22 10:00 Money Management 11:00 Total Fitness 12:00 What's Cooking 1:30 Flip a Switch	23– 10:00 Planning and Self Motivating 11:00 Social Skills & Self Esteem 12:00 What's Cooking 1:30 Sewing Skills	24
27 10:00 Organizational Skills 11:00 Communication Skills 12:00 What's Cooking 1:30 Hospitality Skills 2:30 Gardening	28 10:00 Food for Thought 11:00 Problem Solving 12:00 What's Cooking 1:30 Crafts 2:30 Group	29	30	31