



# “Carrera por los Muertos”: Run for the Dead

By Southeast Health Group

On Thursday, November 1st, Southeast Health Group will sponsor a costumed “Fun Run” to celebrate the Mexican tradition of honoring the dead on El Dia de los Muertos. The event will begin at the City Park basketball courts at 6:00 PM. Community members are invited to run in memory of a loved one who has passed away, and post their photographs on a memory wall. Canned goods and non-perishable food items will also be collected for Associated Charities.

“We encourage people to dress up in their favorite Halloween costume,” said Barry Shioshita,

event organizer. “There will be prizes for best youth costume, best adult costume, and best team costume.”

The first heat will be a Kids’ Fun Run (youth up to age 10) in the interior park street and roundabout. Next up will be the Individual Run (ages 10 to adult) on

**“There will be prizes for best youth costume, best adult costume, best team costume.”**



the interior park street, outer sidewalk and roundabout. Teams of four runners are invited to participate in the last heat as a Team Relay on the outer sidewalk and roundabout.

Spectators are invited to come and listen to the mariachi music and watch the costume parade. Concessions will be available for purchase. In the event of bad weather, the run will be rescheduled.

**The cost to participate is \$10 for youth and individual adults, and \$35 for teams of four runners. Registered runners will receive a T-shirt to commemorate the event.**

**To register, go to: [www.imathlete.com/events/Carreraporlosmuertos/register/?source=Main](http://www.imathlete.com/events/Carreraporlosmuertos/register/?source=Main), or call Southeast Health Group at 800-511-5446.**