



Southeast Health Group offers fun for everyone this Halloween

With Halloween just around the corner, families are looking for fun things to do together. Southeast Health Group is hosting two events to celebrate Halloween this year—a “Zombie Relay” running event for youth and adults, and a “Safe Trick-or-Treat” for young children. Both events are open to the public.

Zombie Relay

This year’s Zombie Relay will be held on Wednesday, October 29th at La Junta City Park. The Zombie Relay is strictly for fun and will not be timed. Awards will be given for best team costumes and best relay baton. Relay teams will consist of at least two members, with a maximum of four. Youth must be accompanied by an adult. The course is four laps of approximately one mile, taking runners in and out of City Park, encountering ghouls and goblins of all sorts.



Winners of the “Best Baton” in the 2013 Zombie Run

The individual entry fee is \$8.00, and long sleeve event shirts will be available for purchase. For more information, call Laura DiPrince, (719) 384-5446, or email ldiprince@semhs.org.

Safe Trick-or-Treat

For young children, Halloween night is one of the best of the year. On Friday, October 31st from 5-7 PM, families are invited to a free “Safe Trick-or-Treat” event at Southeast Health Group, 711 Barnes in La Junta. Parents can enjoy dressing their young children in costumes, without having to spend time out in the dark and cold weather. Southeast Health Group staff will be dressed in family-friendly costumes to give out candy throughout the building, and refreshments will be served in the board room.



Kate & Keira Trainor all dressed up for Trick-or-Treating

“We hope these events will help families in our community to create good, fun memories,” said Becky Otteman, CEO of Southeast Health Group. “Our staff takes great pride in organizing and preparing, and we hope the community will join in the fun!”